

2023 Program

Theme: The Mystery of Salvation
The Sorrowful Mysteries

Grades 1-6

Monday

Session #1: The Agony in the Garden
Session #2: Revelation Through Covenant
Session #3: Scripture & Tradition
Session #4: In the Beginning: Adam and Eve

Tuesday

Session #1: The Scourging at the Pillar
Session #2: The Great Promise: Noah & Family
Session #3: Faith of Our Fathers: Abraham, Isaac, Jacob
Session #4: Let My People Go: Moses & Israel

Wednesday

Session #1: The Crowning with Thorns
Session #2: I Will Be Your God: David & the Kingdom
Session #3: You Will Always Be My People: The Prophets
Session #4: Jesus & the Church

Thursday

Session #1: The Carrying of the Cross
Session #2: Jesus & the Eucharist
Session #3: Acts of the Apostles
Session #4: The Book of Revelation

Friday

Session #1: The Crucifixion
Session #2: Stewardship & Vocations

Grades 7-12

Sunday

Fellowship & Introductions/Gift and Mystery

Monday

The Plan of the Mystery/Discussion

Tuesday

Eucharist & Penance/Meditation/Adoration & Confession

Wednesday

Upon This Rock/Vocations/Discussion

Thursday

Evening Social



TOTUS TUUS 2023

Registration

TOTUS TUUS (Latin for "Totally Yours") is a Catholic youth mission

dedicated to sharing the Gospel and promoting the Catholic faith through catechesis, evangelization, Christian witness, and Eucharistic worship. The goal of Totus Tuus is to help young people grow in the understanding of and strengthen their faith in Jesus Christ. "I am the way, the truth and the life. No one can come to the Father except through me" (John 4:16).

The Grade School Program

is designed for Catholic children going into 1st through 6th grades and strives to help youth seek and understand their faith that is based upon the Word of God.

The Middle/High School Program

is for Catholic youth going into 7th through 12th grades, and seeks to answer questions teens have related to their faith through large and small group discussions, teach them to pray through various methods, and share in Christian fellowship through games, skits, and simply sharing life together.

The Missionaries

for the Totus Tuus program are college age students, two men and two women.

There are five essential elements to the Totus Tuus program:

1. Proclamation of the Gospel - to awaken faith.
2. Apologetics - examination of the reasons for our beliefs.
3. Christian Witness - an experience of Christian living.
4. Celebration of the Sacraments-especially Holy Eucharist and Confession.
5. Active Witness of the Missionary Nature of the Catholic Church



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Diocese of Winona-Rochester