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Church of St. Pius X - Ministry Summary Document

- Parish Program/Area of Support - Health Cabinet
- *Mission/Purpose* - The goal of the Health Cabinet is to promote and support the health and safety of the St. Pius X Parish community. The cabinet, comprised of volunteer parishioners which includes parish nurses, focuses on addressing the spiritual, physical, mental, and social health of the parishioners. Prayer, education, health counseling, advocacy, referral to community resources, and followup to referrals are used to focus on a variety of health concerns.
- *Accomplishments*
  - Health education - ex. pamphlets available on variety of health topics, speakers offering various health/spiritual topics
  - Partnering with HyVee for yearly flu vaccine clinic
  - Volunteer nurses available as needed to followup with referrals
  - Volunteer nurses staff office after Sunday Masses once a month to offer health counsel, blood pressure screening, health education, referrals and followup
  - Grief support outreach
- *Struggles and Barriers*
  - Large medical and medically-related businesses in community offer health care and health resources - this makes it difficult for parish nurses to decide what to offer to parish community
  - Concern regarding lack of visibility of cabinet/parish nurses
  - Lack of new and younger members on cabinet/parish nurse group
  - Lack of consistent financial support/budget to fund projects
- *Goals*
  - Assess parish community for what they see as their health needs and role of cabinet/parish nurses in addressing these needs
  - Decide goals and develop plan yearly to support health of parish community
  - Use demographics of parish to assist with determining programs/projects to develop and implement
  - Develop and implement outreach plan to engage new/younger members for cabinet/parish nurse group
  - Develop and implement marketing plan to education community about cabinet/parish nurse group
  - Consider investigating other parishes/faith communities regarding how their cabinets/parish nurses function, projects/programs they offer, etc.

Possible items to consider when discussing and determining the Vision, Strategic Priorities, and Next Steps to work toward an Amazing Parish

- Parish demographics
- Promoting sense of belonging
- Consistently welcoming to all
- Effects of trend with younger generation not joining organized parishes/church groups
- Parish school split between 2 parishes
- Available/unavailable real estate within parish boundaries
- Partnering with other catholic parishes in offering programs, projects (one way of dealing with limited resources)