

Health Cabinet/Parish Nurse Group

The Health Cabinet is made up of parishioners and parish nurses with the goal of providing a healthy and safe worship environment and worship community. With the support of the Health Cabinet, the parish nurses have maintained a parish nurse office and offer blood pressure screening and health counseling once a month after Masses. Health related articles are printed in the bulletin monthly and information boards are often posted with health literature. The nurses assisted in getting an AED for the church and maintain first aid equipment for use by the Ministers of Hospitality. Orientation for the Ministers of Hospitality is also provided to assure they know how to respond during an emergency.

Parish nurses are available for consultation to parishioners having health issues. While they do not provide hands on nursing care, they can be contacted for assistance with finding resources to assist in care or needed health information.

The Health Cabinet has sponsored a yearly "Ladies Night Out" dinner and health education program. The nurses provided advice to the parish related to safe food handling during parish events involving food preparation. Flu shots at the church have been organized annually by the nurses. Nurses are also involved in grief support for families experiencing a loss.

Parishioners with an interest in health care are always welcome to join the Health Cabinet. Formal background in a health related field is helpful but is not required.