



# YOUR BEST SPOT FOR THE FLU SHOT

Hy-Vee will be offering on-site flu shots at the  
St. Pius X School Office (please follow signs) on  
**SUNDAY | SEPT 30 | 8:30 - 11:30 AM**

## **Why should I get vaccinated?**

Influenza is a serious disease that can lead to hospitalization and sometimes even death. An annual flu vaccine is the best way to reduce the chances that you will get seasonal flu and lessen the chance that you will spread it to others.

## **Who should get vaccinated?**

Although everyone who is at least 6 months of age should get a flu vaccination this season, at this clinic Hy-Vee is offering the vaccine to those over the age of 6 years.

## **Which vaccine is offered?**

Hy-Vee is offering a quadrivalent injectable vaccine (ages 6 and over), the FluMist intranasal vaccine (ages 6-49) and a high-dose trivalent injectable vaccine recommended for those over the age of 65.

*Source: Centers for Disease Control and Prevention,  
<http://www.cdc.gov/flu/protect/keyfacts.htm>*

**GET A  
FLU  
SHOT  
GET**



**Please bring proof of insurance to the event. This includes both Medicare Part B and Medicare Part D, as well as any commercial insurance cards.**